COLD-WEATHER OUTING

☐ Long-sleeved shirt
☐ Long pants (fleece or wool)
☐ Sweater (fleece or wool)
☐ Long underwear (polypropylene)
☐ Hiking boots or sturdy shoes
☐ Socks (wool or synthetic)
☐ Warm parka or jacket with hood
☐ Stocking hat (fleece or wool)
☐ Mittens or gloves (fleece or wool) with water-resistant shells
☐ Wool scarf
☐ Rain gear
☐ Extra underwear (for longer trips)

COLD-WEATHER EXPERT ESSENTIALS:

☐ Bandana
☐ Sorel boots
☐ Wind parka with hood
☐ Side-attaching suspenders

2 THINGS YOU DIDN’T KNOW YOU NEEDED:

☐ Rubberized gloves
☐ Headlamp

THE SCOUT OUTDOOR ESSENTIALS

They’re called Essentials for a reason. Every packing list starts with these items.

☐ Pocket knife
☐ First-aid kit
☐ Extra clothing
☐ Rain gear
☐ Water bottle
☐ Flashlight
☐ Trail food
☐ Matches and fire starter
☐ Sun protection
☐ Map and compass

KEEPING CLEAN

☐ Toothbrush
☐ Toothpaste
☐ Dental floss
☐ Soap
☐ Comb
☐ Waterless hand cleaner
☐ Small towel
☐ Washcloth
☐ Toilet paper
☐ Trowel for digging cathole latrines

COOKING/EATING

☐ Large plastic cereal bowl or kitchen storage bowl
☐ Spoon
☐ Cup or Insulated mug
☐ Water treatment system
☐ Backpacking stove with fuel
☐ Large pot and lid (2.5- or 3-quart size)
☐ Small pot and lid (1.5- or 2-quart size)
☐ Lightweight frying pan (10 to 12 inches in diameter)
☐ For melting snow, add one large pot and lid (6 to 10 quarts)
☐ Hot-pot tongs

EXTRAS

☐ Watch
☐ Camera
☐ Notebook
☐ Pen or pencil
☐ Sunglasses
☐ Small musical instrument
☐ Swimsuit
☐ Gloves
☐ Whistle
☐ Nylon cord
☐ Insect repellent
☐ Repair kit
☐ Hiking stick or trekking poles
☐ Binoculars
☐ Fishing gear
☐ Animal identification books, plant keys, geological studies, star charts etc.